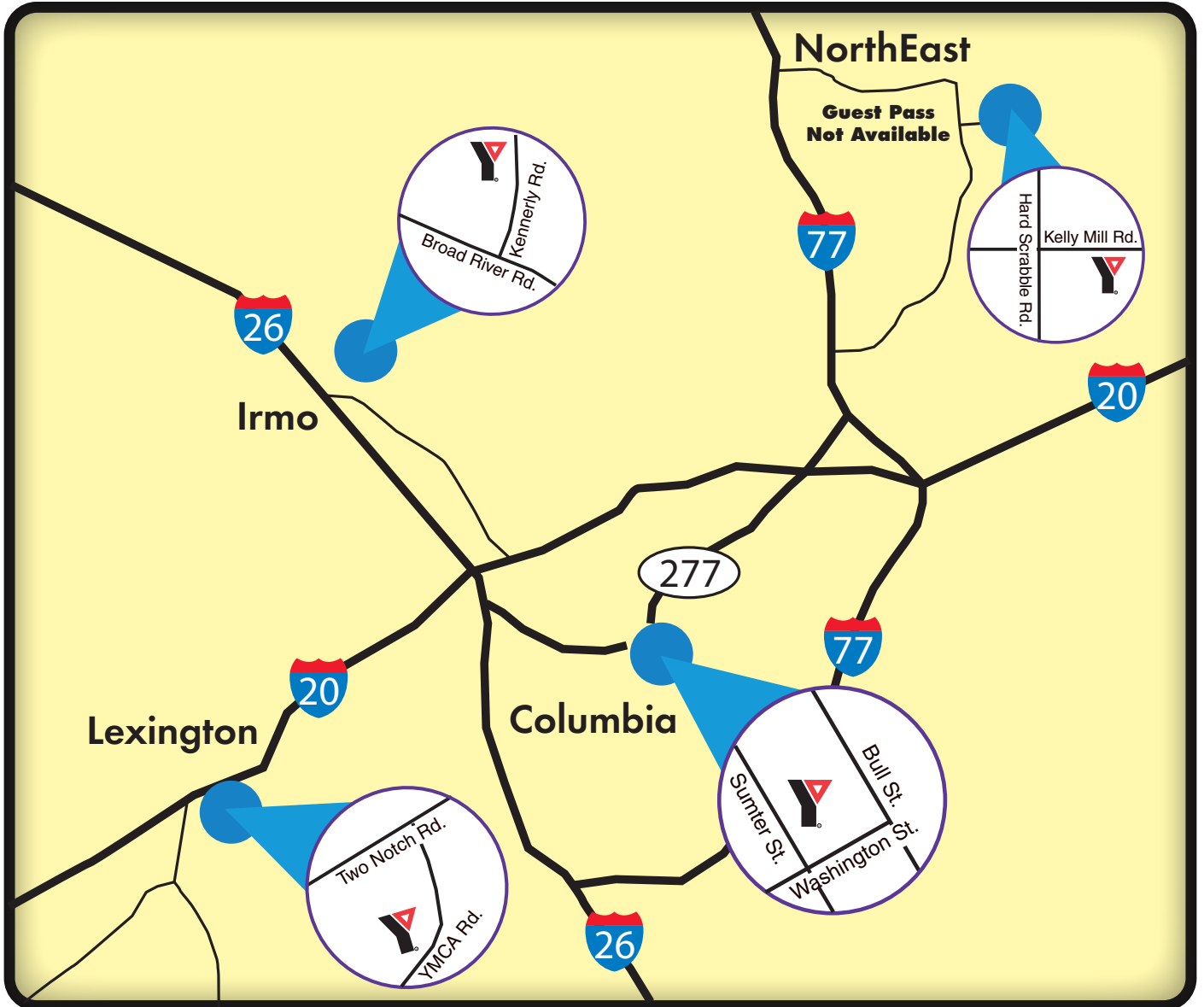


Bring this Guest Pass in for one FREE week



What's included:

- > Unlimited group exercise
- > Latest in cardio, circuit-training, and free-weights
- > Access to all branch pools
- > FREE childcare while you exercise at most locations
- > Member social, teen and youth activities

NorthWest Family YMCA
 1501 Kennerly Rd
 Irmo, SC 29063
 (803) 407-8007

Present this coupon for a
**ONE-WEEK
 FREE FAMILY OR
 ADULT MEMBERSHIP**



17 and under must be accompanied by parent or legal guardian. Photo ID is required.
 Membership valid for one week only. One coupon valid per family, per year. Coupon expires 12/31/09