



We build strong kids, strong families, strong communities.

The Jeep Rogers YMCA Pool Lane Schedule - Spring 2010

| | | 5:00 AM | 6:00 AM | 7:00 AM | 8:00 AM | 9:00 AM | 10:00 AM | 11:00 AM | 12:00 PM | 1:00 PM | 2:00 PM | 3:00 PM | 4:00 PM | 4:30 PM | 5:00 PM | 5:30 PM | 6:00PM | 6:30 PM | 7:00 PM | 7:30 PM | 8:00 PM | 8:30 PM | 9:00 PM | 9:30 PM |
|--------|--------|-------------|---------|---------|---------|------------------------------|----------|--------------------------------|----------|-------------|---------|---------|---------|-------------|---------|----------|--------|--------------------------|---------|-------------------------|---------|----------------------|-------------|---------|
| Monday | Lane 1 | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | Masters Swimming | | Pool Closed at 9:30p | | |
| | Lane 2 | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | Lap Swim | | | | |
| | Lane 3 | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | Lap Swim | | | | |
| | Lane 4 | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | Lap Swim | | | | |
| | Lane 5 | Lap Swim | | | | | | | | | | | | Lap Swim | | | | | | Lap Swim | | | | |
| | Lane 6 | Lap Swim | | | | | | | | | | | | Lap Swim | | | | | | Lap Swim | | | | |
| | Lane 7 | Family Swim | | | | Water Exercise 9:00am-9:45am | | Water Exercise 10:00am-10:45am | | Family Swim | | | | | | Lap Swim | | Swim Lessons (5:00-7:15) | | Water Exercise (7:05pm- | | | Family Swim | |
| | Lane 8 | Family Swim | | | | | | | | | | | | Family Swim | | | | | | Family Swim | | | Family Swim | |

| | | 5:00 AM | 6:00 AM | 7:00 AM | 8:00 AM | 9:00 AM | 10:00 AM | 11:00 AM | 12:00 PM | 1:00 PM | 2:00 PM | 3:00 PM | 4:00 PM | 4:30 PM | 5:00 PM | 5:30 PM | 6:00PM | 6:30 PM | 7:00 PM | 7:30 PM | 8:00 PM | 8:30 PM | 9:00 PM | 9:30 PM | | |
|---------|--------|-------------------------------|---------|---------|---------|------------------------------|----------|--------------------------------|----------|-------------|---------|---------|---------|-----------|---------|----------|--------|--------------------------|---------|-------------------------|---------|-------------|---------|----------|--|----------------------|
| Tuesday | Lane 1 | Master Swimming (5:30-7:30am) | | | | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | Lap Swim | | Pool Closed at 9:30p |
| | Lane 2 | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | Lap Swim | | | | | | |
| | Lane 3 | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | Lap Swim | | | | | | |
| | Lane 4 | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | Lap Swim | | | | | | |
| | Lane 5 | Lap Swim | | | | Water Exercise 9:00am-9:45am | | Water Exercise 10:00am-10:45am | | Family Swim | | | | | | Lap Swim | | Swim Lessons (5:00-7:15) | | Water Exercise (7:05pm- | | Family Swim | | | | |
| | Lane 6 | Lap Swim | | | | | | | | | | | | Lap Swim | | | | | | Lap Swim | | | | | | |
| | Lane 7 | Lap Swim | | | | | | | | | | | | Lap Swim | | | | | | Lap Swim | | | | | | |
| | Lane 8 | Lap Swim | | | | | | | | | | | | Lap Swim | | | | | | Lap Swim | | | | | | |

| | | 5:00 AM | 6:00 AM | 7:00 AM | 8:00 AM | 9:00 AM | 10:00 AM | 11:00 AM | 12:00 PM | 1:00 PM | 2:00 PM | 3:00 PM | 4:00 PM | 4:30 PM | 5:00 PM | 5:30 PM | 6:00PM | 6:30 PM | 7:00 PM | 7:30 PM | 8:00 PM | 8:30 PM | 9:00 PM | 9:30 PM | | |
|-----------|--------|--------------------------|---------|---------|---------|-------------------------------|----------|------------------------------|----------|--------------------------------|---------|-------------|---------|-----------|---------|---------|--------|-----------|---------|--------------------------|---------|----------------------|-------------------------|----------|-------------|--|
| Wednesday | Lane 1 | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | Lap Swim | | Pool Closed at 9:30p | | | | |
| | Lane 2 | Home School Swim and Gym | | | | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | Lap Swim | | |
| | Lane 3 | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | Lap Swim | | | | | | |
| | Lane 4 | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | Lap Swim | | | | | | |
| | Lane 5 | Lap Swim | | | | Silver Splash 8:10am - 8:55am | | Water Exercise 9:00am-9:45am | | Water Exercise 10:00am-10:45am | | Family Swim | | | | | | Lap Swim | | Swim Lessons (5:00-7:15) | | | Water Exercise (7:05pm- | | Family Swim | |
| | Lane 6 | Lap Swim | | | | | | | | | | | | Lap Swim | | | | | | Lap Swim | | | | | | |
| | Lane 7 | Lap Swim | | | | | | | | | | | | Lap Swim | | | | | | Lap Swim | | | | | | |
| | Lane 8 | Lap Swim | | | | | | | | | | | | Lap Swim | | | | | | Lap Swim | | | | | | |

| | | 5:00 AM | 6:00 AM | 7:00 AM | 8:00 AM | 9:00 AM | 10:00 AM | 11:00 AM | 12:00 PM | 1:00 PM | 2:00 PM | 3:00 PM | 4:00 PM | 4:30 PM | 5:00 PM | 5:30 PM | 6:00PM | 6:30 PM | 7:00 PM | 7:30 PM | 8:00 PM | 8:30 PM | 9:00 PM | 9:30 PM | | |
|----------|--------|-------------------------------|---------|---------|---------|------------------------------|----------|--------------------------------|----------|-------------|---------|---------|---------|-----------|---------|----------|--------|--------------------------|---------|-------------------------|---------|-------------|---------|----------|--|----------------------|
| Thursday | Lane 1 | Master Swimming (5:30-7:30am) | | | | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | Lap Swim | | Pool Closed at 9:30p |
| | Lane 2 | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | Lap Swim | | | | | | |
| | Lane 3 | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | Lap Swim | | | | | | |
| | Lane 4 | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | Lap Swim | | | | | | |
| | Lane 5 | Lap Swim | | | | Water Exercise 9:00am-9:45am | | Water Exercise 10:00am-10:45am | | Family Swim | | | | | | Lap Swim | | Swim Lessons (5:00-7:15) | | Water Exercise (7:05pm- | | Family Swim | | | | |
| | Lane 6 | Lap Swim | | | | | | | | | | | | Lap Swim | | | | | | Lap Swim | | | | | | |
| | Lane 7 | Lap Swim | | | | | | | | | | | | Lap Swim | | | | | | Lap Swim | | | | | | |
| | Lane 8 | Lap Swim | | | | | | | | | | | | Lap Swim | | | | | | Lap Swim | | | | | | |

| | | 5:00 AM | 6:00 AM | 7:00 AM | 8:00 AM | 9:00 AM | 10:00 AM | 11:00 AM | 12:00 PM | 1:00 PM | 2:00 PM | 3:00 PM | 4:00 PM | 4:30 PM | 5:00 PM | 5:30 PM | 6:00PM | 6:30 PM | 7:00 PM | 7:30 PM |
|--------|--------|----------|---------|---------|---------|------------------------------|----------|--------------------------------|----------|-------------|---------|---------|---------|-----------|---------|----------|--------|---------|---------|----------------------|
| Friday | Lane 1 | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | Pool Closed at 7:30p |
| | Lane 2 | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | |
| | Lane 3 | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | |
| | Lane 4 | Lap Swim | | | | | | | | | | | | Swim Team | | | | | | |
| | Lane 5 | Lap Swim | | | | Water Exercise 9:00am-9:45am | | Water Exercise 10:00am-10:45am | | Family Swim | | | | | | Lap Swim | | | | |
| | Lane 6 | Lap Swim | | | | | | | | | | | | Lap Swim | | | | | | |
| | Lane 7 | Lap Swim | | | | | | | | | | | | Lap Swim | | | | | | |
| | Lane 8 | Lap Swim | | | | | | | | | | | | Lap Swim | | | | | | |

| | | 8:00 AM | 9:00 AM | 10:00 AM | 11:00 AM | 12:00 PM | 1:00 PM | 1:30 PM | 2:00 PM | 3:00 PM | 4:00 PM | 5:00 PM | 5:30 PM | |
|----------|--------|--------------|---------|----------|----------|----------|---------|-------------|---------|---------|---------|---------|---------|----------------------|
| Saturday | Lane 1 | Swim Lessons | | | | | | Lap Swim | | | | | | Pool Closed at 5:30p |
| | Lane 2 | Swim Lessons | | | | | | Lap Swim | | | | | | |
| | Lane 3 | Swim Lessons | | | | | | Lap Swim | | | | | | |
| | Lane 4 | Swim Lessons | | | | | | Lap Swim | | | | | | |
| | Lane 5 | Swim Lessons | | | | | | Family Swim | | | | | | |
| | Lane 6 | Swim Lessons | | | | | | Family Swim | | | | | | |
| | Lane 7 | Swim Lessons | | | | | | Family Swim | | | | | | |
| | Lane 8 | Swim Lessons | | | | | | Family Swim | | | | | | |

| | | 1:00 PM | 2:00 PM | 3:00 PM | 4:00 PM | 5:00 PM | |
|--------|--------|-------------|---------|---------|---------|---------|----------------------|
| Sunday | Lane 1 | Lap swim | | | | | Pool Closed at 5:00p |
| | Lane 2 | Lap swim | | | | | |
| | Lane 3 | Lap swim | | | | | |
| | Lane 4 | Lap swim | | | | | |
| | Lane 5 | Family Swim | | | | | |
| | Lane 6 | Family Swim | | | | | |
| | Lane 7 | Family Swim | | | | | |
| | Lane 8 | Family Swim | | | | | |

We offer year round swimming lessons !

Schedule is subject to change. Last updated March 8, 2010

Have your next birthday party at the YMCA Pool!